

## Description of selected components in the tea blends



### Açaí

This small palm tree grows in Brazil. Açaí tastes similar to fresh blueberries, though with a hint of chocolate and possesses a dark red colour.

### Bergamot

An evergreen subtropical tree, it is mainly found in Mediterranean regions. Its yellow berries are pear-like in shape and are not dissimilar to lemons. An essential oil is extracted from the berries, which is then used in miscellaneous oils, perfumes, cosmetics, etc.



### Cranberries

These are berries taken from a bush that favours the mild climate of the northern hemisphere. Round, glossy and red, the berries are rather sour in taste. They boast a high content of vitamins and antioxidants.



### Goji (Wolfberry) – *Lycium chinensis*

Goji berries grow in the fertile soil of the Himalayan foothills on medium-sized bushes. Dark red in hue, the taste is reminiscent of cranberries, apples and rose hips. They contain numerous antioxidants and nutrients.



### Pomegranates

This fruit comes from a deciduous bush or a small tree usually grown in Mediterranean countries. Pomegranates have a smooth, thick red skin and dark red seeds, whilst the taste is a blend of sweet and sour.



### Mangoes

With a large central stone, this tropical fruit comes from the Himalayas and its juicy flesh is reminiscent of that of a peach. Mangoes possess a high content of vitamins E, C, B and carotene.



### **Mangosteen**

This small fruit grows in Asia and has dark red peel and white flesh. It smells sweet, giving off a hint of a peach and citrus, combined with a fine, sweet and sour taste.



### **Papayas**

This extraordinarily nutritious tropical fruit originally only grew in Central America. However, it is now produced in the tropics across the globe. Shaped something like an elongated melon, it features edible orange flesh and small black seeds. The flavour is suggestive of pineapple and melon.



### **Barberries**

Picked from a spiny shrub with yellow flowers and red berries, many varieties exist worldwide. In the past, the ripe berries proved most popular in jam-and preserves. Barberries are rather sour and rich in vitamin C.



### **Sea Buckthorn**

This is a thick shrub or small tree that grows on sandy coasts, mainly in Europe and Asia. Its berries are orange to red in colour and are rich in vitamins, minerals, organic flavonoids and catechins.